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YOGIC MANAGEMENT OF ASTHMA AND DIABETES



Yoga Publications Trust (Bihar School of Yoga), Munger, India, 2002. Paperback. Book Condition: New. Dust Jacket Condition: New. Third Edition. This book has been written by Dr Swami Shankardevananda Saraswati, under the guidance of Swami Satyananda Saraswati, explores two common disorders from a yogic perspective. The book discusses the background, nature and cause of each disease, medical and yogic treatments, diet and the yogic path to health. Yogic research into asthma and diabetes is presented, with details of clinical trials,...

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- Authored by Dr Swami Shankardevananda
- Released at 2002



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