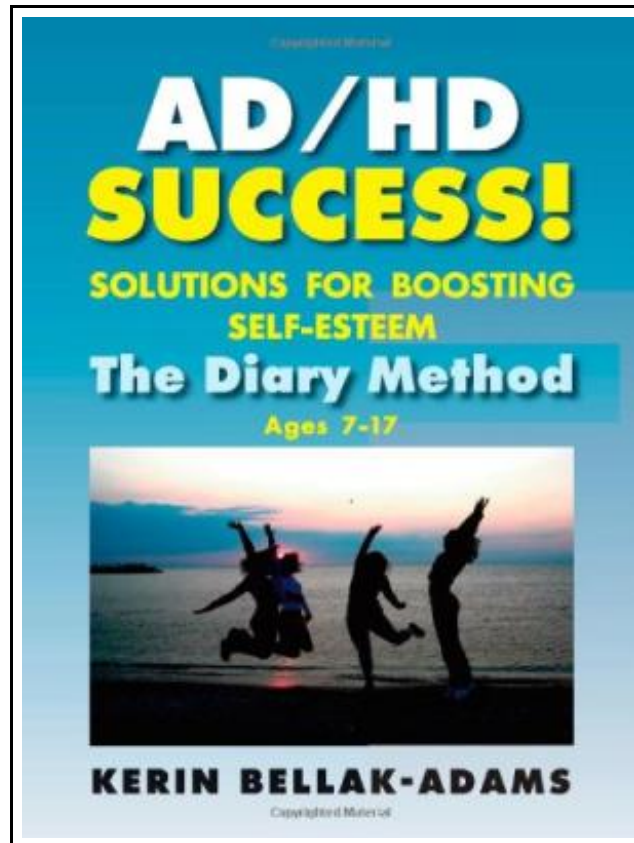


## AdHD Success Solutions for Boosting Self-Esteem: The Diary Method for Ages 7-17



Filesize: 6.41 MB

### ***Reviews***

*Just no phrases to describe. It typically does not price an excessive amount of. It is extremely difficult to leave it before concluding, once you begin to read the book.  
(Felton Hessel)*

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Loving Healing Press. Paperback. Book Condition: New. Paperback. 162 pages. Dimensions: 10.8in. x 8.1in. x 0.5in. Give Kids the Power of Positive Reinforcement In **ADHD SUCCESS! Solutions for Boosting Self-Esteem**, ADHD expert Kerin Bellak-Adams presents a unique and practical method for working with children and adolescents who need to overcome some of the challenges that are frequently encountered in those with an ADHD diagnosis. Based on her extensive experience working with families, Bellak-Adams proven techniques boost self-esteem while helping children achieve their full potential. Developed for ages 7 to 17, this hands-on workbook provides motivational tools that help kids experience a dramatic shift in positive attitude toward themselves, aiding them in developing new behaviors that will allow them to flourish in and out of school. Supporting exercises and worksheets help students learn time-management skills, improve communication with parents and teachers, develop accountability, increase self-discipline, and become aware of untapped strengths--putting them on the path to lifelong success! Featured in this invaluable workbook are: More than 50 reproducible diary pages that help children experience and acquire a positive attitudes self-image! Exercises that encourage children to communicate their inner thoughts, develop selfawareness, accountability, and demonstrate their courage Individualized step-by-step prompts that focus on time-management and many other ADHD challenges. Result-oriented activities for parents and caregivers that encourage constructive, positive actions A customized HomeSchool Accountability Form for parents and teachers designed to improve daily correspondence and collaboration for ParentTeacher conferences. Tools for helping teachers, student-teachers and classroom aides to identify and cope with ADHD issues. Practical applications for school psychologists and clinical practitioners to be used on a one-on-one basis or in a group setting Rave Reviews From the Experts! An excellent and practical workbook developed out of years of experience and caring. I highly recommend this workbook. --Edward Hallowell, M. D. author of...



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