



## Enlightenment Ain't What it's Cracked Up to be: A Journey of Discovery, Snow and Jazz in the Soul

By Robert K. C. Forman

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Enlightenment Ain't What it's Cracked Up to be: A Journey of Discovery, Snow and Jazz in the Soul, Robert K. C. Forman, What if you spent years of your life seeking spiritual enlightenment, but were looking in the wrong place over a long time? It's happening right now to millions of seekers around the world. That's why Dr. Robert Forman has written his revolutionary book. Told in often poetic prose, it offers new direction for people looking for a sane and healthy spiritual pathway in our increasingly confusing world. Traditional spiritual models are giving seekers a wrong and frustrating impression about spiritual enlightenment. By exploring his own 39 year experience of spiritual enlightenment, Dr. Forman offers a remedy to folks who are: \* Convinced they don't have the right stuff to achieve enlightenment in this lifetime - \* Disillusioned by spiritual teachers who don't live up to their lofty self-portraits - \* Worried that choosing a spiritual life means leaving their everyday life behind - \* Hungry for a different way to be, but unable to express it - Through metaphor, humor, vulnerability and achingly beautiful prose, Dr. Forman's book offers...



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