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## THE BIRTH OF THE MODERN MUM: A NEW MOTHER'S NO NONSENSE GUIDE TO LOOKING AFTER HERSELF IN BABY'S FIRST YEAR



Ventura Press. Paperback. Book Condition: new. BRAND NEW, The Birth of the Modern Mum: A new mother's no nonsense guide to looking after herself in baby's first year, Heather Irvine, So much of modern motherhood is targeted at looking good even when you feel crap and making your baby look good even though he or she won't settle or feed or stop crying, all in the shortest time frame possible. The Miranda Kerr and Heidi Klums of the world make...

**Read PDF The Birth of the Modern Mum: A new mother's no nonsense guide to looking after herself in baby's first year**

- Authored by Heather Irvine
- Released at -



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